
BBC LEARNING ENGLISH

Story of the Week 每周一报

Obstacle race in Germany

德国铁汉越野障碍赛



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ENGLISH

Transcript 文字稿

It looks like a **marathon**...

But strong legs are just one of the **requirements** to succeed in the Strongman Run. About 11,000 competitors **scramble** over mud and **slide** on water. **Fancy dress** is optional.

The athletes even give each other a helping hand around the 23km Nurburgring racetrack in Germany.

This year's winner did it in just over an hour and a half.

Vocabulary 词汇

marathon	马拉松
requirements	必备的条件
scramble	爬
slide	滑下
fancy dress	奇装异服

Text 中文文字稿

看上去像马拉松比赛！

不过想赢得铁汉越野障碍赛，有强壮的大腿只是必备的要求之一。一万一千多名参赛者爬泥潭滑水坡。选手们可以选择是否身着奇装异服参加比赛。

虽然是比赛，不过铁汉们在长达二十三公里的德国纽博格林跑道上还是会向同伴们伸出援手，互相帮一把。

今年的获胜者仅用了一个半小时就完成了比赛。

Watch this video online: Obstacle race in Germany <http://bbc.in/1EB7Z8I>

Exercise 练习

以下练习中的语句全部选自于其他网页。
请从下面的词汇表里选择答案来完成句子。
注意：你可能需要改变单词的时态来完成句子。

marathon / requirements / scramble / slide / fancy dress

1. "However, it is important to remember that our universities have high-entry _____ and they will only offer places to students who will flourish and succeed on their courses. Admission to university is and should be based on merit, and any decisions about admissions must also maintain high academic standards."
2. For most runners, a _____ is not just 26.2 miles of physical endurance - it means months and months of arduous, painstaking preparation.
3. A pick-up truck has been captured _____ down an icy road in Alabama, before hitting other parked cars.
4. We've seen some pretty weird and wild _____ costumes but this could be the most realistic cat costume we've ever seen.
5. Mount Everest is a dangerous place, and the Khumbu Icefall is one of the most dangerous parts of the climb. At 06:00 local time on Saturday, we were _____ through its living, moving blocks of ice.

Answers 答案

1. "However, it is important to remember that our universities have high-entry **requirements** and they will only offer places to students who will flourish and succeed on their courses. Admission to university is and should be based on merit, and any decisions about admissions must also maintain high academic standards."
2. For most runners, a **marathon** is not just 26.2 miles of physical endurance - it means months and months of arduous, painstaking preparation.
3. A pick-up truck has been captured **sliding** down an icy road in Alabama, before hitting other parked cars.
4. We've seen some pretty weird and wild **fancy dress** costumes but this could be the most realistic cat costume we've ever seen.
5. Mount Everest is a dangerous place, and the Khumbu Icefall is one of the most dangerous parts of the climb. At 06:00 local time on Saturday, we were **scrambling** through its living, moving blocks of ice.