

词汇: *camping* 露营

When you go on holiday, where do you like to stay? Do you like the luxury of a **five-star** hotel, the convenience of a **self-catering** apartment or do you prefer the freedom of sleeping **under canvas**? If you haven't tried the latter, maybe you should join the increasing number of people who are enjoying the simple pleasures of **camping**.

By grabbing your **tent**, and some additional **accessories**, it's easy to head off to the countryside and enjoy a night or two **under the stars**. Many **campers** are **ditching** the trappings of their modern, hectic life to do this, encouraged by experts who say a few peaceful nights in **the middle of nowhere** might be a good way to unwind and improve our sleep patterns and well-being. It is also, of course, a good **low-budget** holiday option.

For the **adventurous**, **wild camping** is the ultimate escape from reality. Armed with just some food and a **sleeping bag**, you're free from rules, away from other people, and able to enjoy the **back-to-basics** experience. One wild camper, Phoebe Smith, told the BBC: "The act of sleeping when everybody else has gone home – when you notice the wildlife and the stars – is one of the best things in life."

But for those who still want some **home comforts**, a **campsite** is a more suitable place to **pitch** your tent. Here you have **facilities** such as washrooms, a shop and maybe even a restaurant. And for the most luxurious camping experience, you could try **glamping**. In the UK, camping – and **caravanning** – has always been popular. One survey by Visit Britain found around 4.38 million people go camping in Britain every year.

More recently, sales of camping gear have jumped as more people have opted for a **staycation** within the UK due to travel restrictions caused by the coronavirus pandemic. One camping retailer, Halfords, reported a surge in demand for products such as **stoves**, **cool boxes** and **camping chairs**. With the addition of

inflatable mattresses and pillows, powerful **torches** and lamps to light up your tent and a better selection of easy-to-cook food, you can almost guarantee a comfortable and enjoyable camping expedition. The only thing you can't guarantee, in the UK at least, is good weather! So maybe it's time to **slum it** and give camping a try.

词汇表

five-star	五星级的
self-catering	自理膳食的
under canvas	(睡) 在帐篷里
camping	露营
tent	帐篷
accessories	配件
under the stars	在星空下, 在野外
camper	露营者
ditch	摆脱, 抛弃
the middle of nowhere	荒郊野岭, 人迹罕至的地方
low-budget	开销少的, 低预算的
adventurous	勇于冒险的
wild camping	野营
sleeping bag	睡袋
back-to-basics	返璞归真的
home comfort	家一般的舒适
campsite	度假营地, 宿营地
pitch	搭(帐篷)
facilities	设施
glamping	豪华露营, 舒适露营

caravanning	驾宿营车度假
staycation	“宅”度假，居家度假 (不出远门，在家附近度假)
stove	炉子
cool box	(用于保存食物、饮料等的)冷箱
camping chair	野营椅
inflatable mattress	充气床垫
torch	手电筒
slum it	简朴点，将就点

测验与练习

1. 阅读课文并回答问题。

1. According to some experts, why can camping be good for you?
2. What is described in the article as a 'back-to-basics' experience?
3. Where might you get washrooms and a restaurant when you are camping?
4. What can't be guaranteed when camping in the UK?
5. True or false? *There's been an increase in demand for camping chairs.*

2. 选择意思恰当的单词或词组来完成下列句子。

1. We're _____ our car and using public transport from now on.

pitching	ditching	camping	slumming it
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2. We decided to fly with a _____ airline but regretted it when the flight was cancelled.

lowly-budget	lower-budget	low-budget	lowest-budget
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3. We're quite _____ so we jumped at the chance to hike up the mountain.

adventurous	adventurers	adventure	adventuring
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4. We loved the hotel because it had great _____.

accessories	five-star	facilities	camping
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5. On our road trip to France, we had to _____ by travelling in the back of a van.

slumming it	slummed it	slum at	slum it
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答案

1. 阅读课文并回答问题。

1. According to some experts, why can camping be good for you?

Some experts say a few peaceful nights in the middle of nowhere might be a good way to unwind and improve our sleep patterns and well-being.

2. What is described in the article as a 'back-to-basics' experience?

Wild camping can be considered a 'back-to-basics' experience.

3. Where might you get washrooms and a restaurant when you are camping?

These are the facilities you might find at a campsite.

4. What can't be guaranteed when camping in the UK?

You can't guarantee good weather when camping in the UK.

5. True or false? *There's been an increase in demand for camping chairs.*

True. Camping retailer Halfords reported a surge – an increase – in demand for products such as stoves, cool boxes and camping chairs.

2. 选择意思恰当的单词或词组来完成下列句子。

1. We're **ditching** our car and using public transport from now on.

2. We decided to fly with a **low-budget** airline but regretted it when the flight was cancelled.

3. We're quite **adventurous** so we jumped at the chance to hike up the mountain.

4. We loved the hotel because it had great **facilities**.

5. On our road trip to France, we had to **slum it** by travelling in the back of a van.