

词汇: gaming 玩电子游戏

From **pixel** representations of table tennis in the 1970s to modern day cinematic storytelling, video games have evolved a lot and become more **immersive**. But it's not just the **graphics** and **gameplay mechanics** that have changed – it has also opened up a range of career options, including that of professional gamer.

When gaming first started, those who loved video games and wanted to make a career out of them often ended up as **developers**, **testers** or **coders**. While there were **competitions**, sometimes held worldwide, in which **amateur gamers** could win money or prizes, it wasn't really considered a career path until the late 2000s, when **live streaming** really took off and gamers became celebrities.

With **e-sports** now an integral part of gaming, what does a professional gamer's life look like? The key, according to many pro-gamers, is practice – the same with many sports. While choosing the best **peripherals** is important, such as the right **controller** or **keyboard**, most pro-gamers spend hours every day working out **hacks** to save time or improve their chances of winning. And it's not just while playing games that they need to be active, but also **in real life**. Exercising and stretching is vital to avoid injuries to their backs and wrists and preventing **eye fatigue** from spending long hours staring at **monitors** by taking regular **screen breaks**.

But it's not just the physical aspects that gamers need to be careful with. According to some experts, like Dr Phil Birch, while the physical demands of e-sports and traditional sports are very different, the psychological impacts can be similar: regulating emotions, dealing with pressure and big crowds, and overcoming injury are just some of the common factors.

So, while the life of a pro-gamer may sound fun with lots of **button bashing**, just remember that it takes a lot of discipline and hard work to do it full-time.

词汇表

pixel	像素
immersive	身临其境的，有沉浸感的
graphics	图像
gameplay mechanics	游戏玩法机制
developers	开发人员
testers	测试人员
coders	编码人员
competitions	竞赛，比赛
amateur gamers	业余玩家
live streaming	线上直播
e-sports	电子竞技
peripherals	(计算机) 外围设备，外部设备
controller	手柄
keyboard	键盘
hacks	窍门，技巧
in real life	在现实生活中
eye fatigue	眼睛疲劳
monitors	显示屏，显示器
screen breaks	为避免长时间盯着屏幕的休息时间
button bashing	用力敲打游戏设备上的按钮

测验与练习

1. 阅读课文并回答问题。

1. Before professional gaming became a career choice, what did many people who loved video games have a career in?
2. When did professional gaming become a career choice?
3. What important things do pro-gamers have to choose?
4. Why do professional gamers practise so much?
5. In what ways are the demands of e-sports and traditional sports similar?

2. 选择意思恰当的单词或词组来完成下列句子。

1. We're _____ a new game, and we hope you're going to love it!

develop	developer	developing	developed
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2. Video games can be so detailed and _____.

immerse	immersive	immersion	immersed
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3. I need to take regular _____ breaks in order to rest my eyes.

screen	eye	controller	keyboard
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4. This game looks amazing! The _____ are fantastic!

pixel	graphics	controller	monitor
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5. I want to improve my chances and equipment, so I'm looking to buy some new _____.

peripherals	gameplay	keyboard	coding
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答案

1. 阅读课文并回答问题。

1. Before professional gaming became a career choice, what did many people who loved video games have a career in?

They often ended up as developers, testers or coders.

2. When did professional gaming become a career choice?

It wasn't really considered a career path until the late 2000s.

3. What important things do pro-gamers have to choose?

Peripherals such as a controller and keyboard.

4. Why do professional gamers practise so much?

To learn new hacks and quicker ways of doing things in games.

5. In what ways are the demands of e-sports and traditional sports similar?

The psychological impacts can be similar: regulating emotions, dealing with pressure and big crowds, and overcoming injury are just some of the common factors.

2. 选择意思恰当的单词或词组来完成下列句子。

1. We're **developing** a new game and we hope you're going to love it!

2. Video games can be so detailed and **immersive**.

3. I need to take regular **screen** breaks in order to rest my eyes.

4. This game looks amazing! The **graphics** are fantastic!

5. I want to improve my chances and equipment, so I'm looking to buy some new **peripherals**.