BBC LEARNING ENGLISH Take Away English 随身英语 Could a four-day working week work? 每周四天工作日,可行吗?



Vocabulary: work 词汇: 工作

People in the UK work longer hours than anyone else in the European Union but are far from the most **productive**. According to the **Trades Union** Congress, a UK body that brings together 49 member unions to improve their **working conditions**, employees in Denmark are 24% more productive per hour but work four hours fewer per week. 'Britain's **long-hours culture**... is robbing workers of a decent home life and time with their loved ones. **Overwork**, stress and exhaustion have become the new normal,' says TUC General Secretary Frances O'Grady. They want businesses to cut the **standard working week** from five days to four. But would a four-day week work?

It does for Rich Leigh, **founder** of a Gloucester-based PR business. **Staff** there work Monday to Thursday, 9am – 5:30pm, but still get paid the same as before. In an interview with the BBC, Leigh claims it makes the staff happier, which leads to better, more productive work. After a year, **earnings** and **profits** are up and **sick days** have halved.

The 4 Day Week Campaign also believes a shorter week would benefit everyone. They claim that it would, among other things, more evenly distribute work between the overworked and the **underemployed.** They estimate that around 30 UK businesses **operate** a 'four day, same pay' system.

However, not everyone is convinced. One of the UK's leading charities, the Wellcome Trust, conducted an **organisation**-wide consultation into whether a four-day week would fit. They decided against it. 'Many employees worried about their five-day **workloads** being compressed into just four days and some raised concerns that the time and energy used to implement a four-day week would distract the charity from its **core work**,' says Ed Whiting, director of policy at the Trust.

So does a four-day working week work or not? Clearly it suits some... but not everyone. "We've got a lot to do before it can work for different **sectors**," says Emelia Quist from the Federation of Small Businesses in a BBC interview. 'Social care needs people present **24/7**. How can we ensure those **industries** can work a four-day week?' she adds. Until we can answer questions like these, there's clearly more work to be done.

词汇表

productive	高效的		
trade union	工会		
working conditions	工作环境,劳动条件		
long-hours culture	加班文化,超时工作环境		
overwork	工作过度,劳累过度		
standard working week	标准工作周		
founder	创始人		
staff	员工,全体雇员		
earnings	工资,薪水		
profit	利润		
sick days	带薪病假		
underemployed	只有部分时间被雇用工作的人		
operate	实行		
organisation	企业		
workload	工作量		
core work	核心工作		
sector	行业,领域		
24/7	每时每刻地,一直不休息地		
industry	行业,产业		

测验与练习

- I. 阅读课文并回答问题。
- I. True or False? British workers are the most productive in Europe.
- 2. What cost is working long hours taking on UK workers?
- 3. How has a four-day week benefitted Rich Leigh?
- 4. Why did the Wellcome Trust not move to a four-day week?
- 5. What issue does Emelia Quist have with a four-day week?
- 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。
- 1. I'm afraid I won't have time to play this weekend. I've got a really heavy _____ and I may have to work Saturday and Sunday.

working conditions	sector	overwork	workload
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2. I always join the organisation's _____. That way if I feel I'm being treated unfairly, I can ask for help.

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trade union	organisation	industry	sector	
	organisación	maasay	50000	

3. I'm definitely an early-bird. I'm much more _____ in the mornings than in the afternoons.

underemployed	productive	overworked	operational
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4. The first thing I noticed about Japan was that the convenience stores were open ! They never closed!

sporadically from	n dusk till dawn 24	24/7 once in	a blue moon
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5. I may have been the ______ of this company, but you, my son, will make it a huge success in the future.

trade union	organisation	sector	founder
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答案

I. 阅读课文并回答问题。

I. True or False? British workers are the most productive in Europe.

False. Employees in Denmark are 24% more productive than UK workers.

2. What cost is working long hours taking on UK workers?

According to the TUC, 'Britain's long-hours culture... is robbing workers of a decent home life and time with their loved ones.'

3. How has a four-day week benefitted Rich Leigh?

After a year, earnings and profits are up and sick days have halved.

4. Why did the Wellcome Trust not move to a four-day week?

Many employees worried about their five-day workloads being compressed into just four days. They also wondered if it would distract from their core work.

5. What issue does Emelia Quist have with a four-day week?

She says that there is a lot to do before it will work for different sectors, for example – social care, which requires people present 24/7.

请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

I. I'm afraid I won't have time to play this weekend. I've got a really heavy **workload** and I may have to work Saturday and Sunday.

2. I always join the organisation's **trade union**. That way if I feel I'm being treated unfairly, I can ask for help.

3. I'm definitely an early-bird. I'm much more **productive** in the mornings than in the afternoons.

4. The first thing I noticed about Japan was that the convenience stores were open 24/7. They never closed!

5. I may have been the **founder** of this company, but you, my son, will make it a huge success in the future.