BBC LEARNING ENGLISH

Take Away English 随身英语 Wake up and smell the coffee!

闻闻咖啡香 清醒清醒



Vocabulary: drinking 词汇:喝饮品

There are only a few truly pleasant smells to wake up to in the morning. It might be the **aroma** of freshly baked bread, or the scent of your partner's freshly brushed teeth – but for me, it's the smell of freshly **brewed** coffee. Just a sniff of it makes me jump out of bed and rush to the kitchen for a gulp of the hot black liquid. But then things quickly go downhill.

If you're a coffee **connoisseur**, you'll understand that opening a new packet of coffee releases an amazing smell – fresh, **roasted** coffee beans. Delicious! And if you've **got** a **nose for** the stuff, you'll be able to identify the beans' **origin** – Colombia, Vietnam or maybe Brazil – the world's biggest coffee producer. Tim Hayward is a food writer and coffee shop owner; he told the BBC that the smell "is absolutely vital, it's the key thing. And when you walk into the coffee shop in the morning and that smell hits you, you're getting **physiological responses**."

I know from experience when I walk into a cafe for my **double espresso** or **flat white**, my **mouth** begins to **water** in anticipation. Although it's really the **caffeine hit** I'm after, it's the smell that makes me feel good.

However, this feeling sometimes turns to disappointment when I actually start drinking my hot **beverage** – the taste just doesn't match the smell. This is particularly the case when I order a coffee **to go** in a tall paper cup and **sip** the liquid through a hole in the lid. Yes, it's convenient, but is it really the right way to appreciate it?

Tim Hayward describes this process as 'weird' and 'baffling'. He says, "You walk into the coffee shop, you get the smell, but when you actually take the drink out, you are drinking it from something that is designed to **deliver** the hot liquid directly past your tongue, but stop any smell coming up to your nose."

As well as eliminating the smell, takeaway coffee cups create a lot of waste and a vast majority of them still don't get recycled. In 2011, it was estimated that 2.5 billion coffee cups were thrown away each year in the UK, and that figure is likely to be higher now. So maybe now is the time to really **wake up and smell the coffee** by drinking from a cup or **mug** in a cafe, chatting with friends and saving the planet!

词汇表

aroma	(食物的) 香气	
brew	煮、冲(咖啡)	
connoisseur	行家	
roasted	烤的	
have a nose for	善于发现…,有发现…能力	
origin	原产地	
physiological response	生理反应	
double espresso	双份浓缩咖啡	
flat white	(有奶泡的)白咖啡	
make someone's mouth water	使…馋涎欲滴	
caffeine hit	咖啡因的提神功效	
beverage	饮料	
to go	外带	
sip	喝一小口、呷	
deliver	送到	
wake up and smell the coffee	(告诉人)认清形势	
mug	(装热饮用的)杯子	

测验与练习

I.	. 阅读课文并回答问题。			
١.	. Which country is the world's biggest coffee producer?			
2.	. Name a style of coffee drink mentioned in the article.			
3.	. Why might having a lid on a coffee cup spoil the taste?			
4.	4. True or false? Drinking coffee in a cafe means the cups don't get recycled.			
5.	5. Which word used in the article means 'easier to use/not causing difficulties'?			
2.	 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。 			
I.	I. My Dad is a of fine wine and now he's bought a share in a vineyard!			
got	got a nose connoisseur aroma	sip		
2. When making a pot of tea, you need to leave the tea leaves in the hot water for a few minutes to allow it to properly				
bre	brew brewed brewing	brewable		
3. We're in a bit of a rush so please could we have these pizzas?				
go	go to to gone to going	to go		
4. John! Don't gulp your soup like that. You'll be sick! it slowly!				
Sip	Sip Deliver Roast	Origin		
5. How long until dinner? The smell of roast chicken is making				
my	my mouth watery my mouth water my mouth watered	me water my mouth		

答案

- 1. 阅读课文并回答问题。
- Which country is the world's biggest coffee producer?
 Brazil is the world's biggest coffee producer.
- 2. Name a style of coffee drink mentioned in the article. **Double espresso or flat white.**
- 3. Why might having a lid on a coffee cup spoil the taste?

 According to a coffee shop owner, having a lid on a coffee cup delivers the hot liquid directly past your tongue but stop any smell coming up to your nose, and that can affect the taste.
- 4. True or false? Drinking coffee in a cafe means the cups don't get recycled.

 False. It is takeaway coffee cups that often don't get recycled. A cup or mug used in a cafe can be used again and again.
- 5. Which word used in the article means 'easier to use/not causing difficulties'?

 The word is 'convenient'. (A takeaway coffee is convenient because you can drink it as you travel.)
- 2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。
- 1. My Dad is a connoisseur of fine wine and now he's bought a share in a vineyard!
- 2. When making a pot of tea, you need to leave the tea leaves in the hot water for a few minutes to allow it to properly **brew**.
- 3. We're in a bit of a rush so please could we have these pizzas to go?
- 4. John! Don't gulp your soup like that. You'll be sick! **Sip** it slowly!
- 5. How long until dinner? The smell of roast chicken is making my mouth water.