BBC LEARNING ENGLISH Take Away English 随身英语 How honest are you? 你诚实吗?



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Vocabulary: honesty 词汇: 诚实

Let's be honest – I'm sure we've all done something a little **dishonest** in our lives – maybe copying someone's work, borrowing some money from a friend and not paying them back or being given too much change in a shop and keeping quiet about it. Or maybe I'm wrong, maybe you're a good, **upstanding** citizen who believes that **honesty is the best policy**.

This proverb, 'honesty is the best policy', was written back in the 1700s by American statesman, Benjamin Franklin. We may agree that **owning up** to our mistakes and behaving in a genuine and **decent** way, is the right way to lead our lives. But is there something in our human nature that makes us **unscrupulous**? For example, in some shops and car parks you can find an **honesty box** – a box where you pay for something by putting money in it – but it relies on you putting the right amount of cash in. This relies on people being honest and not trying to **cheat** but it does provide a **temptation** to get away with not paying the full amount.

Philip Graves, a psychologist, and author of the book Consumerology, suggests that this temptation is part of our **evolution**. He says: "We have evolved with the **capacity** to be dishonest. It's part of our **evolutionary psychological make up** – because if we gain an advantage over the people around us, we have a greater chance of surviving."

So why do we place such importance on being honest if we **benefit** from being dishonest? It's because it is **selfish** behaviour – which other members of our social group won't like. If everybody acted selfishly and dishonestly all the time, the world would be a very unpleasant place. As Philip Graves says: "There is a balance to strike between the extent to which we can **feather our own nest**, so to speak, and the risk of being **ostracised** by the group." So, for societies to work together we need to trust each other and therefore we need to be honest.

Being **trustworthy** with money is of course crucial for an economy to survive and there are laws to protect us from dishonest practices like corruption and **fraud**. But being honest with words is another matter; saying what we think to someone can **get us into hot water**. However a new anonymous messaging app has been designed that lets anyone with a link to your profile to send you a message without knowing who it's from. The app now has 300 million users which perhaps indicates how honest we really like to be – but **in all honesty**, do you want to know what people think about you? Is honesty always the best policy?!

词汇表

let's be honest	咱们诚实点,实话实说		
dishonest	不诚实的		
upstanding	正直的		
honesty is the best policy	诚实是上策		
own up	承认,坦白		
decent	正派的		
unscrupulous	不诚实的,没有道德原则的		
honesty box	(没有服务人员时) 公众凭自觉与诚实去付款的容器		
cheat	欺骗		
temptation	有诱惑力的事情		
to get away with	做(坏事)而未被发现		
evolution	进化		
capacity	能力		
evolutionary psychological make up	演化心理学的记号、标签		
benefit	从…受益		
selfish	自私的		
feather our own nest	从中得利,中饱私囊		
ostracise	排斥		
trustworthy	值得信任的		
fraud	诈骗		
get into hot water	陷入困境,使尴尬		
in all honesty	老实说		

测验与练习

- I. 阅读课文并回答问题。
- I. What does an honesty box rely on people doing?
- 2. According to psychologist Philip Graves, what is the advantage of being dishonest?
- 3. True or false: Societies can trust each other if everyone behaves honestly.
- 4. Which word used in the article means 'extremely important because it has a major effect on the result of something'?
- 5. Why do you think being honest with your words can be a bad thing?
- 2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。
- I. Sam worked for an employer and when it closed down he still hadn't been paid.

decent	cheat	unscrupulous	corruption	
2. Daisy finally	to breaking the	window and was made to	o pay for repairing it.	
owned up	owe up	own up	owed	
3. The car seller seemed so we decided to buy from him instead of the garage down the road.				
ostracised	trustworthy	let's be honest	unscrupulous	
 Mandeep asked me what I thought of the film but I couldn't really say that I enjoyed it. 				
in all my honesty	all in honesty	in all honesty	in all dishonesty	
5. I went to the bureaux de change around the corner and got a exchange rate for my yuan.				
decent	upstanding	trustworthy	benefit	

答案

- I. 阅读课文并回答问题。
- I. What does an honesty box rely on people doing?Being honest! Putting the correct amount of money in the box.
- 2. According to psychologist Philip Graves, what is the advantage of being dishonest? He said if we can gain an advantage over the people around us, we have a greater chance of surviving.
- 3. True or false: Societies can trust each other if everyone behaves honestly. **True.**
- 4. Which word used in the article means 'extremely important because it has a major effect on the result of something'? crucial ("Being trustworthy with money is of course crucial for an economy to survive.")
- 5. Why do you think being honest with your words can be a bad thing? It can offend people and upset their feelings.

2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格 处。

- 1. Sam worked for an **unscrupulous** employer and when it closed down he still hadn't been paid.
- 2. Daisy finally **owned up** to breaking the window and was made to pay for repairing it.
- 3. The car seller seemed **trustworthy** so we decided to buy from him instead of the garage down the road.
- 4. Mandeep asked me what I thought of the film but **in all honesty** I couldn't really say that I enjoyed it.
- 5. I went to the bureaux de change around the corner and got a **decent** exchange rate for my yuan.