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Vocabulary: work 词汇: 工作

We hear a lot about **team building** these days. Team-building **gurus** are hired by some **corporations** to lecture us on how to work more **effectively** with each other. And they organise **awaydays** - a time employees spend together away from their usual **workplace**.

Here in the UK, employees can take part in activities such as **Zombie boot camps** where military instructors train you how to fight walking 'dead people'. For the **brainier** office workers amongst us there are crime investigations modelled on popular TV dramas like Sherlock Holmes and CSI.



Hopping all the way to a management position?

Stressed-out city workers might have **ukulele** lessons made available to them. Why is that a good team-building exercise? Ukulele teacher Lorraine Bow says: "The fact that they can play a musical instrument within an hour is quite a **fulfilling** thing, really. It's not **competitive** – it's quite easy to do and a bit less intimidating than a guitar..."

Actually, a horse might be a bit more intimidating than an instrument. The animals are used by a company in Abu Dhabi which teaches **leadership** through horse training. Basically, you have to go in a yard with a horse and **persuade** it that you're the boss by using **body language**.

Kelly Eide, co-founder of True Leadership, says: "The horses don't care if your hair is purple, if you're a man or a woman, if you're old or young... It **transcends** all of those cultural boundaries – age, gender, religion, tradition etc. – so that's a perfect fit. And in an organization where you really need groups of people **to gel**, who come from backgrounds which have no common norms, you can teach that most efficiently with a horse."

And the horse feels instinctively whether or not you are a natural leader. So if after you've done a good presentation your boss offers you a carrot, you'll know where he might have learnt it from.

词汇表

team building	团队建设
guru	领袖，权威
corporation	公司，企业
effectively	有效地
awayday	息工日
workplace	工作地点，工作场所
boot camp	训练营
brainier (brainy)	更为精明的
stressed-out	(因精神压力) 精疲力尽的
ukulele	尤克里里琴
fulfilling	充实的，令人满意的
competitive	竞争的
leadership	领导能力
to persuade	说服
body language	肢体语言
to transcend	超越
to gel	(团队成员) 相互磨合

测验与练习

1. 阅读课文并回答问题。

1. What are awaydays for?
2. Which of the awaydays mentioned is more physically demanding?
3. True or false? *Ukulele lessons are designed for people who are highly intelligent.*
4. How long does it take for you to learn how to play the ukulele?
5. How can a horse understand what a company manager wants?

2. 请你在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. I'm too fat at the moment. I'm going to spend a week in a _____ in which they offer dieting and intense exercise.

awayday	boot camp	workplace	yard
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2. My boss is a very impatient man. I find him very _____.

intimidating	competitive	brainier	a natural leader
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3. My colleagues' _____ indicated that my presentation was successful! They looked very excited as I showed them my ideas.

leadership	fulfilment	body language	ukulele
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4. Don't be shy. It will not help you to _____ with your new colleagues.

persuade	intimidate	transcend	gel
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5. A good atmosphere in _____ can increase productivity.

the boot camp	the workplace	the leadership	Abu Dhabi
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答案

1. 阅读课文并回答问题。

1. What are awaydays for?

To building team spirit among people who work for the same company.

2. Which of the awaydays mentioned is more physically demanding?

The one in which you learn to 'kill' Zombies.

3. True or false? *Ukulele lessons are designed for people who are highly intelligent.*

False. According to the article the brainier amongst us would feel more attracted to awaydays modelled on crime investigations – the ones in which you play the detective.

4. How long does it take for you to learn how to play the ukulele?

According to ukulele teacher Lorraine Bow, it takes about one hour.

5. How can a horse understand what a company manager wants?

By the manager's body language.

2. 请你在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. I'm too fat at the moment. I'm going to spend a week in a **boot camp** in which they offer dieting and intense exercise.

2. My boss is a very impatient man. I find him very **intimidating**.

3. My colleagues' **body language** indicated that my presentation was successful! They looked very excited as I showed them my ideas.

4. Don't be shy. It will not help you to **gel** with your new colleagues.

5. A good atmosphere in **the workplace** can increase productivity.