BBC LEARNING ENGLISH **Take Away English** 随身英语 **Blood**



血液

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Vocabulary: biology 词汇: 生物

I have always enjoyed black pudding for breakfast. Nothing can compare with the taste of the rich black sausage made of pigs' blood. However, even I might **draw the line** at making black pudding from my own blood. That's exactly what the BBC's Michael Mosley has done. It's part of an investigation into the incredible power of blood to protect and **regenerate** our bodies.

Black pudding (right) is a popular blood product

For thousands of years people have believed in the power of blood to make us young. In Roman times, the sick were encouraged to drink the blood of freshly killed **gladiators**

to cure their illnesses. In Bram Stoker's Dracula, Count Dracula is **transformed** from a little old man to a super athlete when he drinks human blood.

Recent research seems to **back up** these ideas. Scientists in California have looked at what happens to old mice when you **inject** them with the blood of young mice. After the **infusion**, the mice perform better in memory tests, and their brains start to **sprout** new connections making them more like young brains. This could be used for people with **Alzheimer's disease**.

Another treatment is called PRP (platelet rich **plasma**), also known as the **Vampire Facelift**. This involves taking your own blood, **extracting** the plasma and then injecting it back into your face. Popular with stars such as Tiger Woods and Kim Kardashian, PRP has been proved to be effective for wound repair. After two weeks' treatment, Michael's face did feel like a baby's bottom.

So should we all be eating blood, and possibly rubbing it onto our skin? Maybe, but scientists such as Dr Saul Villeda of the University of California have a less extreme vision. "My hope," Villeda says, "is that we can **identify** the youthful factors in blood that we want to raise and the ageing factors we have to lower. And I think that'll be a much better way, a much more controlled way."

词汇表请参看答案与词汇部分

Quiz 测验

阅读短文并回答问题。

- I. What is black pudding usually made of?
- 2. Who was encouraged to drink human blood?
- 3. What do old mice do better after blood infusions?
- 4. What is the common name for PRP?
- 5. What happened to Michael Mosley's face after injecting blood?

Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

the medic	ine into your leg.		
back up	sprout	extract	
2. In Rome, used to fight to the death for people's entertainment.			
transformers	gladiators	plasma	
3. There has been a/an of cash into the company.			
facelift	sprout	Alzheimer's disease	
hem, but I	at giving them money.		
back up	regenerate	draw the line	
5. He wanted to look younger, so he had a/an			
facelift	sprout	extraction	
	back up used to fight to the stransformers of case facelift hem, but I back up bunger, so he had	used to fight to the death for people's entertain transformers gladiators of cash into the company. facelift sprout hem, but I at giving them money. back up regenerate ounger, so he had a/an	

Answers and Glossary 答案与词汇

Quiz 小测验

- 1. What is black pudding usually made of? Pigs' blood.
- 2. Which group of people were encouraged to drink human blood? **Sick people in Roman times.**
- 3. What do old mice do better after blood infusions? They do better in memory tests after blood infusions.
- 4. What is the common name for PRP? The Vampire Facelift.
- 5. What happened to Michael Mosley's face after injecting blood? It became soft like a baby's bottom.

Exercise 练习

- I. The doctor will **inject** the medicine into your leg.
- 2. In Rome, gladiators used to fight to the death for people's entertainment.
- 3. There has been an **infusion** of cash into the company.
- 4. I don't mind helping them, but I draw the line at giving them money.
- 5. He wanted to look younger, so he had a facelift.

Glossary 词汇表

draw the line	划清界限,拒绝
regenerate	使再生
gladiators	(古罗马) 角斗士
transformed	转变
back up	证实、支持(某种说法或观点)
inject	注射
infusion	输入
sprout	涌现出、发出
Alzheimer's disease	阿尔茨海默病
plasma	血浆
vampire	吸血鬼
facelift	去皱整容手术
extracting	提取
identify	辨别,找出