
BBC LEARNING ENGLISH

Media English 媒体英语

Stonehenge builders' diets

建造巨石阵的古人也吃甜食？



英格兰遗产委员会（**English Heritage**）发现，巨石阵当年的建造者吃过甜食，包括采来的水果和坚果。

Researchers already knew that the builders of the **monument**, which dates back to 2,500 BC, had eaten pork, beef and dairy.

巨石阵的历史可追溯到公元前 2500 年，研究人员已知当时建造这处遗迹的人吃过猪肉、牛肉和奶制品。

But this is the first time that **excavations** at Durrington Walls have shown that they also gathered and cooked **hazelnuts** and fruit, such as **sloe berries** and **crab apples**.

然而，德灵顿垣墙的挖掘工作第一次显示，建造者还采集并烹制了榛子和黑刺李莓果、酸苹果等水果。

Researchers believe that the **charred** plant remains suggest recipes may have been followed. They say treats, such as an early version of the **mince pie**, could have been cooked using a flat stone or **ceramic pot**, heated in the **embers** of a fire.

研究人员认为，烧焦的植物残渣表明这些食物有可能是按照菜谱制作的。他们指出，建造者吃过一种圣诞百果馅饼的早期版本，这类甜食可能是用扁平的石头或陶器在余烬中加热烤制而成的。

1. 词汇表

monument	历史遗迹
excavations	挖掘工作
hazelnuts	榛子
sloe berries	黑刺李莓果
crab apples	酸苹果，沙果
charred	烤焦的
mince pie	圣诞百果馅饼
ceramic pot	陶器，陶碗
embers	余火，未烬的木块

2. 阅读理解：请在读完上文后，回答下列问题。（答案见下页）

1. How old is Stonehenge?

2. True or false? *Researchers recently learnt that the builders of Stonehenge had eaten pork, beef and dairy.*

3. What did the latest excavations at Durrington Walls show for the first time that builders of Stonehenge had eaten?

4. How do they believe the treats were cooked?

3. 答案

1. How old is Stonehenge?

Stonehenge dates back to 2,500 BC.

2. True or false? *Researchers recently learnt that the builders of Stonehenge had eaten pork, beef and dairy.*

False. Researchers already knew that the builders of the monument had eaten pork, beef and dairy.

3. What did the latest excavations at Durrington Walls show for the first time that builders of Stonehenge had eaten?

Hazelnuts and fruit, such as sloe berries and crab apples.

4. How do they believe the treats were cooked?

They could have been cooked using a flat stone or ceramic pot, heated in the embers of a fire.