
BBC LEARNING ENGLISH

Media English 媒体英语

Child and teen obesity spreading across the globe

儿童和青少年肥胖已成全球问题



医学期刊《柳叶刀》（The Lancet）发布的一项研究报告指出，儿童肥胖已成全球问题。全世界有 1 亿 2400 万孩童过胖，肥胖问题已经蔓延至 200 个多个国家。研究结果还显示，肥胖的儿童很可能到了成年阶段依然肥胖，这会使他们面临严重的健康问题。预估从 2025 年开始，全球对抗因肥胖导致的疾病所要花费的医疗成本将超过 9200 亿英镑（约 8.28 万亿人民币）。请听报道。

In the UK, one in ten children and teenagers **is classed as obese**. The highest rates can be found in some of the islands of Polynesia, where that **proportion** rises to nearly one in three. The United States and some **Middle Eastern** and **North African** countries are not far behind. There it's a fifth.

The World Health Organisation is **demanding** international action to **tackle** the marketing, pricing and availability of cheap **high-calorie** food.

词汇表

is classed as	被归类为...
obese	肥胖的
proportion	比例
Middle Eastern	中东地区的，中东的
North African	北美地区的，北美的
demanding	强烈要求
tackle	处理、应对（问题）
high-calorie	高卡路里（热量单位）的，高热量的

测验

请听报道并回答下列问题。

1. True or false: *One in ten children and teenagers is considered overweight in the UK.*
2. Which area has the highest rates of child and teenage obesity?
3. True or false: *The United States and some Middle Eastern and North African countries are far behind the highest rates.*
4. What issues is the World Health Organisation demanding action on?

答案

1. True or false: *One in ten children and teenagers is considered overweight in the UK.*
True. According to the report, in the UK, one in ten children and teenagers is classed as obese.
2. Which area has the highest rates of child and teenage obesity?
The highest rates can be found in some of the islands of Polynesia where that proportion rises to nearly one in three.
3. True or false: *The United States and some Middle Eastern and North African countries are far behind the highest rates.*
False. According to the article, the United States and some Middle Eastern and North African countries are not far behind the highest rates.
4. What issues is the World Health Organisation demanding action on?
The World Health Organisation is demanding international action to tackle the marketing, pricing and availability of cheap high-calorie food.