

## 本集内容

Taylor Swift tells graduates to embrace 'cringe' 泰勒·斯威夫特纽约大学毕业演说：不惧“尬”活

## 文字稿

Taylor Swift, Singer

"I'm 90% sure the main reason I'm here is because I have a song called '22'."

泰勒·斯威夫特 歌手

我有 90% 的把握说我来这里演讲的主要原因是：我有一首歌叫《22》。

Taylor Swift addressed graduating students at a New York stadium.

泰勒·斯威夫特在纽约一座体育场内向毕业生致辞。

**"How do I give advice to this many people about their life choices? I won't."**

我该怎么向这么多人提供人生选择方面的建议？我不会这样做。

"The scary news is you're on your own now. But the cool news is you're on your own now."

惨了，从现在开始你只能靠自己了。但好消息是，你终于能自力更生了。

**"Learn to live alongside 'cringe'."**

学会和“尴尬”并存。

"No matter how hard you try to avoid being cringe, you will look back on your life and cringe retrospectively."

无论你怎么尽力避免自己做出很尴尬的事情，当你回首往昔，想起当初的自己时，不禁“尬”意袭来。

**She thanked the university for giving her an honorary degree.**

她感谢纽约大学授予她荣誉学位。

"I'd like to thank NYU for making me technically, on paper at least, a doctor.

我要感谢纽约大学让我在理论上，至少是纸面上，成为了一名博士。

Not the type of doctor you would want around in case of an emergency, unless your specific emergency was that you desperately needed to hear a song with a catchy hook and an intensely cathartic bridge section."

这并不是你在紧急情况下想要的那种“医生”，除非你的特殊紧急情况是：你迫切地想听一首朗朗上口、过渡部分将感情宣泄得淋漓尽致的歌曲。

#### 重点语句

1. How do I give advice to this many people about their life choices? I won't.
2. Learn to live alongside 'cringe'.
3. She thanked the university for giving her an honorary degree.

#### 视频链接

<https://bbc.in/3NE7Zzh>