

本集内容

- **Statins could be used to treat multiple sclerosis** 他汀类药物或许能用于治疗多发性硬化症
- **Meet the 105-year-old man still working** 英国 105 岁老人仍坚守工作岗位

文字稿

Statins - prescribed to 6 million of us every year to lower cholesterol. But in the coming months, a major new trial will test whether they could help tackle a **condition** which could wreak devastation on sufferers. Multiple sclerosis causes the immune system to attack the lining of the nerves. A previous smaller study suggested statins did have an impact. This trial will provide much more information.

他汀类药物，每年会开给六百万英国人以帮助降低胆固醇。然而，在未来的数月中，科学家将开展一项重要的新试验，以测试该类药物能否帮助患者攻克一种破坏性极大的疾病。多发性硬化症会造成人体的免疫系统侵蚀神经粘膜。先前的一项小规模研究表明，抑制素（药物）确实起了一定的作用。接下来的这项试验将提供更多相关的信息。

Bill Frankland is 105 years old. This Briton fought in World War Two and is still working today. Frankland says his longevity **is down to** these exercises. He does them every morning, and they take an hour to complete. It's no surprise that this man values fitness – he is a doctor, after all!

比尔·弗兰克兰（Bill Frankland）今年 105 岁。这位英国老人曾参加第二次世界大战，直到今日他仍然在工作。弗兰克兰说他长寿的秘诀归结于他总是进行这类体育锻炼。每天早上，他都会做这些运动，完成锻炼共需一个小时。他对身体健康的重视不足为奇，毕竟他是一个医生嘛！

词汇

condition

疾病

is down to

归结为，原因在于

视频链接: <http://bbc.in/2r1Y1xS>

练习

请从以下词汇中选择适当的答案来完成句子。注意：你可能需要改变单词的时态来完成句子。

condition / is down to

1. My marks are always high, I know. But it _____ less partying and more studying!
2. Your sister shouldn't take part in this marathon. She has a heart _____.

答案

1. My marks are always high, I know. But it **is down to** less partying and more studying!
2. Your sister shouldn't take part in this marathon. She has a heart **condition**.